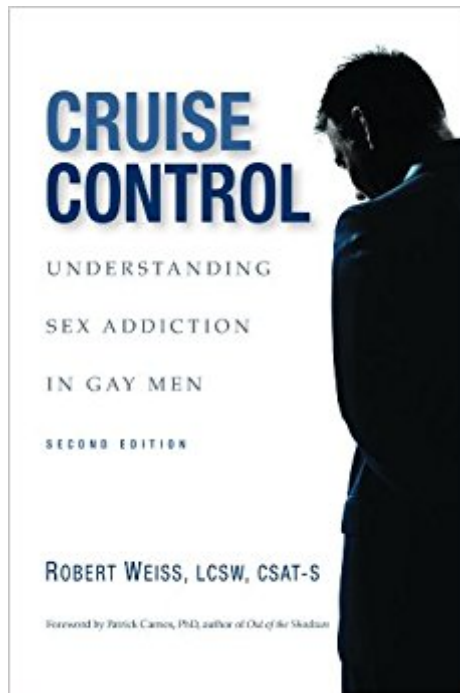




Ebook Directory
the best source of ebook

The book was found

Cruise Control: Understanding Sex Addiction In Gay Men



Synopsis

Cruise Control is the premiere book on the growing problem of sex addiction in gay men. This second edition explores how technology has impacted the instant ability to "meet up" and the implications of being in recovery in a committed relationship. Accessible resource for achieving sex addiction recovery including a "30 day test" and a dating plan.

Book Information

File Size: 626 KB

Print Length: 240 pages

Simultaneous Device Usage: Unlimited

Publisher: Gentle Path Press (February 2, 2013)

Publication Date: February 2, 2013

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B00BAEK96A

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #297,110 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #79

inÂ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Sexual

Addiction #152 inÂ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual #251

inÂ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery >

Substance Abuse

Customer Reviews

This compassionate look at sex addiction details the substratum of the behavior. Like many addictions, it is the solution to a deeper problem before it becomes the problem. The addiction gives a center to a life, it covers the needs that the addict has not been able to meet. The suggestions on how to deal with addiction are simple and difficult because they require the creativity to accomplish in another fashion fulfilling needs (intimacy, purpose, pleasure, self-esteem, attention, personal power_ that the addiction met. The author is non-judgmental; he is highly articulate about a difficult

subject and has the compassion needed to help addicts claim a richer life. I am a coach and clients insisted that I read it. I'm glad I did.

I am unsure if I believe in the idea of a "sex addiction

After reading this, I know that sex addiction was not my issue. Love addiction was.

I highly recommend this book to any gay man struggling with sex addiction. Robert Weiss takes directly from Patrick Carnes's playbook in terms of his approach to the addiction, but adds such relevant information for a gay man. After reading this book, I wanted to buy copies for all of my friends. Besides addressing sex addiction, the book could also be great in helping gay men understand better their sexuality and sex.

This is probably the most sincere, scientific, experimental and holistic guide to all those affected by the Sex Addiction and Love addiction. It begins with a test to decide if you are "in" this circle or "out", it describes the problem with solid examples and it explains the reason to fall into this addiction without falling in mannerisms nor moralisms... It really helps you to understand your reactions and has some sort of practical agenda to write your experiences and set your goals for recovery. To sum up, after "out of the Shadows", which I had the opportunity to read at a friend's house in Paris, and in which it is inspired, "Cruise Control" is THE BOOK gay men expected to have in their area, and so their partners or family affected by their behaviour. Probably, the most worked out issue is to separate the weak boundaries often mixed up between the gay freedom for sex and the obsession for having it at any time, and at any price.

Excellent book for myself as a therapist, and great recommendation for my clients struggling with sex addiction.

Very detailed, helpful, insightful, to the point, honest, informative. Can't say enough good things about the book.

Robert Weiss provides thorough insight and depth of what sex and love addiction is really about and the steps necessary to overcome it. If you want to do something about your sexual/love addiction and you want results, this is the book to get. Unlike other references which seem like reading a

textbook, this book is written in a first-person narrative and it is very personal. This book is so good, that I finished reading it in a day!

[Download to continue reading...](#)

Sex: Sex Guide: The Perfect Sex Guide For Unbelievable Sex (Sex, Sex Guide, Sex Positions, Sex Addiction, Seduction, Sex Stories, Sex Books, Foreplay, Alpha Male, Relationships, Marriage)
Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any
Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol
Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Cruise Control:
Understanding Sex Addiction in Gay Men Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits)
What Men Won't Tell You: Women's Guide to Understanding Men (How to read their minds, what men want, why men cheat, why men won't commit, why men lose interest, how to avoid rejection from men) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) Cruise Hacks, Tips and Tricks: UPDATED SUMMER 2017! Cruise, Relax and Enjoy! #1 Fun Travel Cruise Guide Manual. Whether it's Caribbean Beaches or an Alaska ... best Cruise Vacation! (Fun Travel Books)
Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Sex Addiction: The Partner's Perspective: A Comprehensive Guide to Understanding and Surviving Sex Addiction For Partners and Those Who Want to Help Them How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Cruise Excursions On Your Own - European Cruise: Cruise Ports of Barcelona, Naples, Rome, and Florence (Volume 1) The Essential Little Cruise Book, 2nd: Secrets from a Cruise Director for a Perfect Cruise Vacation Sex Addiction 101: The Workbook, 24 Proven Exercises to Guide Sex Addiction Recovery 200 Dirty Talk Examples: How to Dirty Talk your way to

the Most Graphic, Mind-Blowing Sex of your Life (Sex Advice and Sex Tips to Improve Sex Life and have Better Sex) Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1) Sex: Sex Starved Marriage: 33 Demonstrated Sex Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)